

### Friday 3rd February 2023

### Newsletter No. 19

Dear Grange Community

We have a hugely important week ahead of us. It is Mental Health week at Grange.

A huge part of our vision for education is to educate children to have the knowledge and skills they need in order to be mentally healthy.

Mental health is how we feel about ourselves in our mind and emotionally (beyond the physical way we feel).

We need to teach the children so that they learn that good choices will make them feel healthy, safe and positive and when times are difficult that they can use their skills to help themselves feel better and cope emotionally with stress and adversity.

We always focus on themselves feeling confident (positive and good about themselves) and being considerate (kind and thoughtful towards others) - we call this the CC way.

Next week, we are going to focus on all of us connecting with ourselves first and then with others.

Connecting with ourselves means learning to like ourselves and learning what we like and what is a good choice for ourselves to help us feel safe and positive and mentally healthy.

We will also focus on being digitally healthy and knowing how to keep ourselves safe online.

This will be on the 7<sup>th</sup> of February for safer internet day.

If children feel the power within themselves to make good, safe, positive and healthy choices for themselves, they will thrive and our future will be brighter.

Mental health is an issue for all of us and the more we care about ourselves and others, the better the world we live in, will be for all of us.

Kindness is strength.



### End of Term Reminder!

Just a reminder that last day of half term is Friday 10th February. School finishes at normal time.

## Drive Less, Walk More Demonstration (part2)

Student Council are holding another demonstration to promote walking to school!

On *Wednesday 8th February*, Student Council will be on Welbeck Road with their handmade posters, encouraging parents & children to walk to school to avoid the traffic outside of school. Student Council have been working very hard on their posters and taglines over the last few weeks and we are hoping our demonastration will do as much good as last year's did! Here is what you can expect to see...

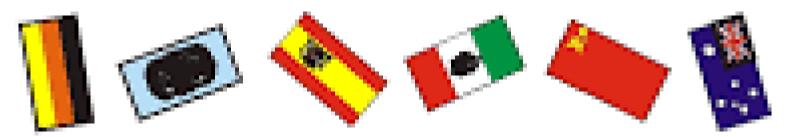
# Farm coming to Grange!

### 21st & 22nd March 2023!

The Farm is coming to Grange!

We have been lucky enough to book a farm to come to Grange for 2 days in March. The children will be able to see the fram animals and pet them.

We are all super excited for this experience and can't wait to meet lots of animals!





### Great Grange Geography Quiz

Look out for Mr Kerbel & Miss Morgan's YouTube video of the Great Grange Geography Quiz every Monday!



Children can bring their answers to their teacher on a piece of paper and they will receive a Great Grange Geography Quiz reward on Classcharts!

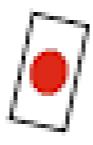
- This week's questions are...
- 1) What is the capital of Ethiopia?
  - 2) What is the capital of Egypt?
- 3) What is the capital of Morocco?

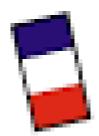
Bonus Question: Which continent are these countries in?

Remember to bring your answers to your teacher on Monday and you will receive Classchart points!



















### GRANGE DAY AT BARNET FC SATURDAY 11TH FEBRUARY

Dear Parents and Carers,

Over the past 2 years, we have strengthened ections with Barnet cont Football Club and as a result, we have be primary Day at a Barnet FC home LI day drep and Tickets prices will be hugely reduced to a Primary School for this day only. All children be a flag bearer for the game tool is me And the set of the set 2 huge flag around the stadium before will also have the opportunity to be a more of able to walk out onto the production

Kick off time is 3pr date and time free us for the day.

More inform sign up for this one off event

Kind records

Grange

During the summer term, we welcomed 2 Barnet FC players into Grange across a series of weeks.

They held assemblies, spoke to children and led PE lessons! (left: Sam Beard - Defender, right: Mason Bloomfield - Striker)

### DATES FOR YOUR DIARY



### SCHOOL CALENDAR

JUTIOUL CALENUAR			
Monday 6th February	Nursery Shakespeare Class Assembly		
Monday 6th February	Nursery Cervantes Class Assembly		
Wednesday 8th February	Year 2 Open Morning		
Friday	Last day of halt term		
10th February	(school finishes at normal time)		
Monday 13th February-Friday 17th February	Half term holiday		
Monday 20th February	Children return to school		
Monday 6th March	Y3 Malala Class Assembly		
Tuesday 21st March & Wednesday 22nd	Mobile Ark Farm visit to Grange		
Monday 27th March	Parents Evening 3:40-5:40pm		
Tuesday 28th March	Parents Evening 1:20-4:30pm (school finishes at 1pm)		
Thursday 30th March	Last day of term		
	(school finishes at 1pm)		
Monday 15th May	Y5 Beckham Class Assembly		
Monday 19th June	Y5 Ennis Class Assembly		
Monday 26th June	Y3 Rumi Class Assembly		
Monday 3rd July	Y4 Klee Class Assembly		
Monday 10th July	Y6 Production		

All clubs are now available to sign up to via ParentPay! Simply login to <u>ParentPay</u>, identify the club and make the payment. **All clubs are £20**.

AFTER SCHOOL CLUBS				
У4-У6	Boys Football	Monday 3.15-4.15pm		
Y3-Y6	Cheerleading	Tuesday 3.15-4.15pm		
У1-У6	Sketchbook & Drawing	Tuesday 3:15-4:15pm		
Y5-Y6	Foodie Club	Tuesday 3:15-4:15pm		
У1-УЗ	Handball	Wednesday 3.15-4.15pm		
У4-У6	Handball	Wednesday 3.15-4.15pm		
У5-У6	Debate Mate	Wednesday 3:15- 4:15pm		
У1-УЗ	Boys & Girls Football	Thursday 3:15-4:15pm		
Y4-Y6	Boys & Girls Basketball	Thursday 3:15-4:15pm		
Y4-Y6	Girls Football	Friday 3.15-4.15pm		
У5-У6	Archery (run by Superstar Sports)	Friday 3.15-4.15pm		

### LUNCHTIME CLUBS

Y1-Y6 Boys & Girls Ballet

Thursday 12:30-1pm

#### After School & Lunchtime Extra Curricular Clubs

Week 1	Week 2	Week 3	Week 4
16 Jan - 20 Jan	23 Jan - 27 Jan	30 Jan - 3 Feb	6 Feb - 10 Feb
Half Term	Week 5	Week 6	Week 7
13 Feb - 17 Feb	20 Feb - 24 Feb	27 Feb - 3 Mar	6 Mar - 10 Mar
Week 8	Week 9		
13 Mar - 17 Mar	20 Mar - 24 Mar		

If your child attends an after school club, you must collect your child at 4:15pm under the canopy outside the dining hall. You will only be able to access the school via Welbeck Road.

Grange Primary School, Welbeck Road, Harrow HA2 ORY Tel: 020 8422 5070 E: <u>office@grange.harrow.sch.uk</u> www.grange.harrow.sch.uk