

31st January 2022



Imperial College
London

Dear Year 1 Parents/Carers,

iMprOVE Study: evaluating children's physical activity, health and wellbeing

Grange Primary School has been invited to take part in an exciting research study, iMprOVE, to understand primary school children's physical activity, health and wellbeing in Greater London.

The research is being carried out by an experienced team at Imperial College London who specialise in children's health. Our school is keen to support this important research but we need your help.

Enclosed are the study's information leaflets for you and your child. These tell you more about involvement in this study which includes completing questionnaires, the research team taking measures of your child's height/weight at school, and giving your child a wrist-worn physical activity pedometer to wear for 1 week. Your child will receive a **£10 Amazon voucher** for taking part.

If you are interested in taking part in this study, please complete the reply page attached and return this to your child's class teacher or the main office by Friday 11th February.

Alternatively, you can contact the iMprOVE study team directly at improvestudy@imperial.ac.uk.

If you do not wish to take part in the study, then you do not have to return the slip.

I hope that you and your child will consider being part of this important research to support us as a school to improve the health and well-being of our children.

Yours sincerely,



Headteacher
Grange Primary School



Dr Bina Ram
Research Associate
Imperial College London

**Imperial College
London**

Together with

Department of Primary Care and Public Health
Charing Cross Campus
Reynolds Building
St Dunstan's Road
London W6 8RP

REPLY SLIP

Please complete this form and return to your child's class teacher or to the front office

by Friday 11th February 2022

Alternatively, please contact the iMprOVE Study team at improvestudy@imperial.ac.uk

Please ensure that you have read both information leaflets. If you have any questions, please contact the Imperial research team directly on the email address above.

Please ✓

Yes, my child and I would like to take part in this research

☐

SECTION A

Your name

Child's name

Child's sex: Male ☐ Female ☐

Child's date of birth

 /

(dd)

 /

(mm)

(yyyy)

Name of your child's class teacher

SECTION B (these details are required to send you the questionnaires and the voucher)

Your address:

Post code:

Phone number:

Email:

THANK YOU. PLEASE RETURN THIS SLIP BY WEDNESDAY 3rd NOVEMBER