

22nd April 2022

Dear Parent/Carer

Re: RSE

As a part of your child's educational experience at Grange Primary School we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you may already be aware, the Department for Education has announced changes to relationships and sex education following nationwide consultation. These changes came into effect from September 2020 and all schools are required to comply with the updated requirements.

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

As a school we believe that in order to safeguard our pupils, we need to teach RSE with trusted adults (class teacher) in partnership with home in order to deal with the real present risk of online grooming, miscommunication and peer on peer abuse. We strongly encourage you to support your child with this. This is not about encouraging sexuality but instead about helping children to feel confident and considerate and able to keep themselves and others healthy, safe and respected. This is all done at an age-appropriate level supporting home and family values within the framework of diversity respect.

Using Jigsaw PSHE we will be covering our Relationships and Sex Education (RSE) lessons in the summer term. The puzzle - Changing Me - deals with change of many types, from growing from young to old, becoming a teenager, assertiveness, self-respect and safeguarding. Self and body image, puberty, attraction and accepting change are diverse subjects for children to explore. Each year group thinks about looking ahead, moving year groups or the transition to secondary school. Life cycles and how babies are made and grow are treated sensitively and are designed to meet children's needs. All year groups learn about how people and bodies change. This Puzzle links with the Science curriculum when teaching children about life cycles, babies and puberty.

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Please take the time to watch our **short video on YouTube** https://youtu.be/KU_hgvHMm8U explaining the changes and linking you to our **online survey** (<https://forms.gle/3JNWB8g4vKXhnHh99>)

We will be holding two parents' engagement sessions where you will have the opportunity to ask any questions.

Monday 23rd May 2022 (9:00 am) Key Stage 2 Hall

Thursday 26th May 2022 (2:30 pm) Key Stage 2 Hall

We kindly request you **not** to bring children along with you to the consultation.

Yours sincerely,

Ms Begum
Jigsaw PSHE Lead