

7th October 2021

Dear Parents/Carers,

**Re: Mental Health Awareness Day 'Hello Yellow Challenge' – 14th October 2021**

On Thursday 14<sup>th</sup> October, we will be celebrating Mental Health Awareness Day at Grange Primary and collecting money for the Young Minds Charity. The children will take part in the Hello Yellow Challenge where they have to wear yellow clothing and do an Act of Kindness. The children will be awarded Kindness points by their class teachers.

The children will also have an opportunity to discuss the importance of having a healthy and happy mind.

Please send your child into school wearing yellow and with a donation of £1 for the charity. The money will be collected in by your child's class teacher.

Thank you for your support.

Yours sincerely

Mrs S Joshi  
Events Coordinator