

Dear Grange Community,

We have had a very powerful week of teamwork. For the first time in 2 years, our Year 6 children wrote SATS exams and Staff worked incredibly hard to keep them calm, stress-free but motivated and confident to do their best.

We are really proud of our children for doing so well in rising to this challenge.

The highlight was the SATS breakfast where the children and staff came together to eat and chat before the day started every morning this week. Thursday morning's breakfast was truly wonderful and children enjoyed tasting the pancakes and crumpets with jam!

Our children of Grange impress us every day with their ability and attitude and most of all their kindness.

Seeing the Year 6's write their SATS has made me determined to raise the results in our school and to get us to match National standards.

We are using sophisticated tracker systems to help us identify the gaps in learning and close these gaps through good focussed teaching. Planning is crucial and that is why we ensure that teachers and educators get good planning time and Core Subject Leaders get time out of class to keep us on track for raising our results.

Our Student Council is planning a fundraising sale for July 1st and I am impressed by how seriously they take their responsibilities.

We need a Parent/Carer who is willing to give time to help us set up our PTA so please let the office know if you are interested.

The launch of the outdoor library was so inspiring.

Enjoy the weekend; do lots of reading and looking forward to seeing everyone on Monday.

Mr Kerbel
Headteacher
Grange Primary, Harrow

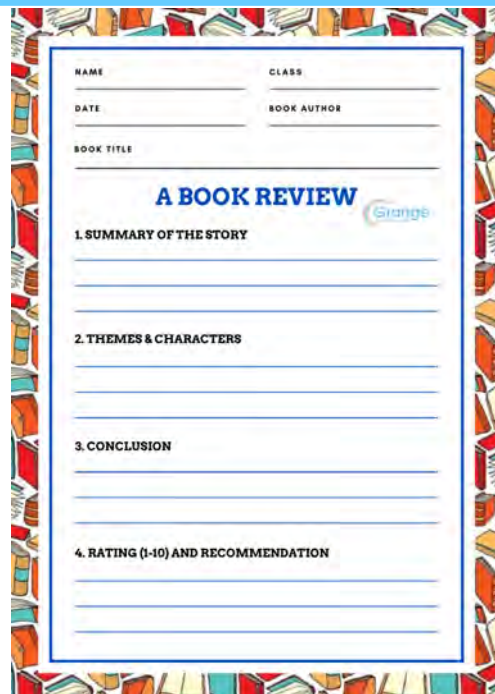


DOES YOUR CHILD LOVE TO READ?

Encourage them to write a review of their favourite book or one they've just finished reading!

Their review could be displayed outside the main office for all to see!

See Miss Hardisty in the main office for more details and a book review sheet.



IMPORTANT: LOST PROPERTY

Miss Kay will be outside at 3:15pm on Wednesdays & Fridays with all lost property found on the school premises. Please take this opportunity to find any missing belongings. See below for when lost property will be available to search through:

- .Wednesday: Furness Road (playground side) at 3:15pm
- .Friday: Welbeck Road (field side) at 3:15pm

REMINDER: PARENT VIEW SURVEY

Please complete the survey that has been sent out to all parents & carers via email.

We will have staff on both sides of the school (pickup & drop off times) with iPads, where they will be able to go through the survey with you and complete it.

<https://forms.gle/WvKW9SeE7CMyT9JD6>



Instagram: @GrangeHarrow



Twitter: @GrangeHarrow



Facebook: Grange Primary School



Youtube: Grange Primary School

GIRLS FOOTBALL TOURNAMENT



Last week, 12, year 5 girls took part in a football tournament at the Bannister Sports Center. The girls had a fantastic time and developed social, teamwork and leadership skills.

Well done Team Grange!



THIS WEEK'S READING CHAMPIONS!

This week's reading champions!



Nicole, Matisse



Martina-Denisa,
Beckham



Ranuki, Seacole



Dinura, Parks



This week's runner ups!



Cristina, Matisse

Sawyn, Klee

Sofia, Matisse

Gloria, Klee



Ansh, Holmes

Maria, Holmes

Ammar, Beckham

Joseph, Holmes



Vladut, Lister

Natalia, Lister

Hussain, Lister

Farah, Seacole



Diraj, Mandela

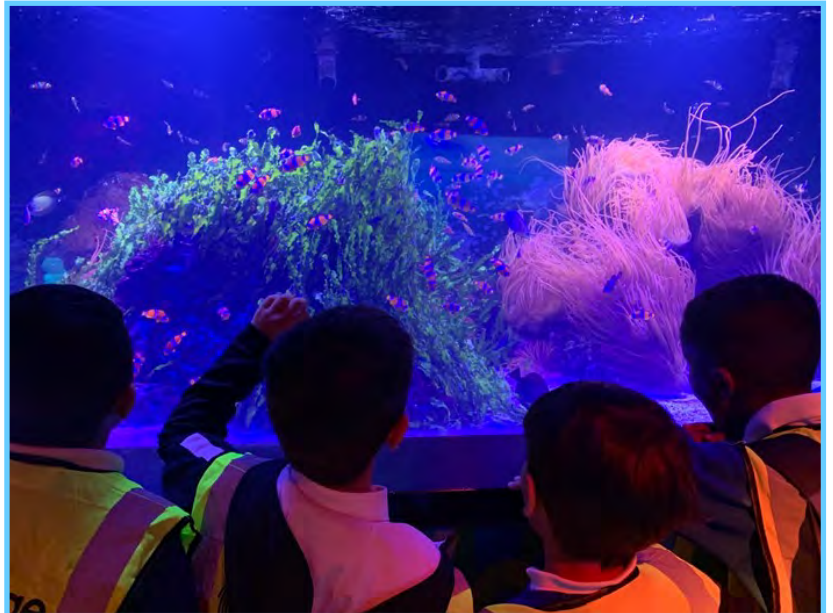
Jewel, Parks

Bianca, Parks

Haniya, Parks

YEAR 1 TRIP TO THE AQUARIUM!

On Tuesday, Year 1 took a trip to London Aquarium, here are a few photos from their trip!



Hot Chocolate Fridays are back!

The lucky children who attended this week are:

- **Nicole from Matisse**
- **Gloria from Klee**
- **Hodan from Beckham**
- **Hasunat from Ennis**
- **Sofia Z from Holmes**
- **Hamdhan from Lister**
- **Jaheim from Seacole**
- **Malk from Nightingale**



and our Year 6 Champions, who sadly couldn't make it to Hot Chocolate Friday today because of their park trip:

- **Zahra from Tubman**
- **Mustafa M from Parks**
- **Abdullah from Mandela**



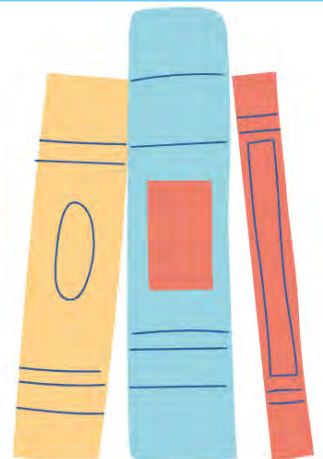
To be in with a chance of joining Mr Kerbel for Hot Chocolate Fridays, make sure you keep doing the CC Way and being a Great Grange student!

OUTDOOR LIBRARY LAUNCH!



On Tuesday, we had our first day of our Outdoor Library! Here are some photos of the launch.

Don't forget that this will be happening every Tuesday (Thursday of that week if Tuesday's weather isn't great!)



CENSUS DAY MENU!



IT'S THE CENSUS DAY MENU!

Margherita Pizza with Wedges

Pantry Tomato 50/50 Pasta with Grated Cheese

Broccoli & Sweetcorn

Jacket potato with Cheese or Beans

Chocolate Cake with Chocolate Custard



**COMING THURSDAY
19TH MAY!**

Mental health is a big issue for children & young people

© Young Minds



- One in six children aged five to 16 were identified as having a probable mental health problem in July 2021, a huge increase from one in nine in 2017. That's five children in every classroom
- The number of A&E attendances by young people aged 18 or under with a recorded diagnosis of a psychiatric condition more than tripled between 2010 and 2018-19
- 83% of young people with mental health needs agreed that the coronavirus pandemic had made their mental health worse
- In 2018-19, 24% of 17-year-olds reported having self-harmed in the previous year, and seven per cent reported having self-harmed with suicidal intent at some point in their lives. 16% reported high levels of psychological distress
- Suicide was the leading cause of death for males and females aged between five to 34 in 2019
- Nearly half of 17-19 year-olds with a diagnosable mental health disorder has self-harmed or attempted suicide at some point, rising to 52.7% for young women

What mental health problems commonly occur in children?

© Mental Health Foundation



- **Depression** affects more children and young people today than in the last few decades. Teenagers are more likely to experience depression than young children.
- **Self-harm** is a very common problem among young people. Some people who experience intense emotional pain may try to deal with it by hurting themselves.
- **Generalised anxiety disorder (GAD)** can cause young people to become extremely worried. Very young children or children starting or moving school may have separation anxiety.
- **Post-traumatic stress disorder (PTSD)** can follow physical or sexual abuse, witnessing something extremely frightening or traumatising, being the victim of violence or severe bullying or surviving a disaster.
- Children who are consistently overactive, impulsive and have difficulty paying attention may have **attention deficit hyperactivity disorder (ADHD)**.
- **Eating disorders** usually start in the teenage years and are more common in girls than boys. The number of young people who develop an eating disorder is small, but eating disorders such as anorexia nervosa and bulimia nervosa can have serious consequences for their physical health and development.

Are some children and young people more likely to experience mental health problems?

© Mental Health Foundation



Certain risk factors can make some children and young people more likely to experience mental health problems than others. However, experiencing them doesn't mean a child will definitely – or even probably – go on to have mental health problems.

These factors include:

- having a long-term physical illness
- a parent who has had mental health problems, problems with alcohol or has been in trouble with the law
- the death of someone close to them
- parents who separate or divorce
- experiencing severe bullying or physical or sexual abuse
- poverty or homelessness
- experiencing discrimination
- caring for a relative, taking on adult responsibilities
- having long-lasting difficulties at school

Organisations that can help

© Mental Health Foundation



- **Barnardo's** protects and supports the UK's most vulnerable children. They provide a range of services to help and support children, young people, parents and carers.
- **CALM (Campaign Against Living Miserably)** runs a free, confidential helpline and webchat service offering help and advice to anyone feeling down or in need of support.
- **ChildLine** is a free, confidential service where children can talk about any issue they're going through. You can call their helpline or use their webchat to speak to a trained counsellor.
- **The Children's Society** supports children going through serious life challenges. They run services and campaigns to make children's lives better.
- **Contact** offer advice and support to families with disabled children. If you're a parent caring for a disabled child, you can arrange to speak to an adviser for practical and emotional support.
- **Family Lives** offers information and support on all aspects of family life, including the stages of child development, issues with schools, parenting support, bullying and mental health concerns.
- **Papyrus** supports people under 35 who have thoughts of suicide and others who are concerned about them. You can contact them by phone, text or email.
- You can text **Shout** on 85258 for confidential support by text.
- **The Mix** offers free emotional support to people under 25 by phone, webchat or email. They also offer a short-term counselling service.

Collect your **FREE** pre-packed meal

When

Every Sunday from 11:30am to 1:30pm

Where

Grange Primary School

Furness Road Entrance, HA2 0RJ

All faiths, all backgrounds welcome



A FREE meal
whatever your need



Soul Kitchen

Great food, Great company

www.soulkitchenuk.co.uk

info@soulkitchenuk.co.uk

WE NEED YOUR HELP...!

Can we ask a favour? We're trying to raise money for a photocopier and we have a target of £1,200.

It's not always easy to ask for donations these days, so we've started using easyfundraising, a really clever website that turns your online purchases into free donations for us, at no extra cost to you.

It means you can help us reach our target really easily - simply shop with any of over 6,000 online retailers including Amazon, Argos, John Lewis, ASOS, Booking.com, eBay, Boden, and M&S, and when you make a purchase, the retailer will send us a free donation. It's as simple as that!

Please visit our new easyfundraising page at https://www.easyfundraising.org.uk/causes/grangeprimaryschool-harrow/?utm_campaign=raise-more&utm_content=en-e3 and click 'support us' - we really do need your support.

More information can be found on our school website - <https://www.grange.harrow.sch.uk/funds-for-school>

Thank you!

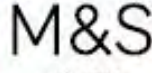


Raise FREE donations for

Grange Primary School- Harrow

every time you shop online

Search for us on [easyfundraising.org.uk](https://www.easyfundraising.org.uk)



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COVID VACCINES FOR 5-11 YEAR OLDS

The Covid- 19 Roving Team are managing the roll out of vaccines for 5-11 year olds in Harrow.

Vaccinations are being offered at Stanmore Park Children's Centre, 2 William Dr, Stanmore HA7 4FZ.

This is a walk in service, and no appointments are necessary.

Vaccination Times: 4pm - 7pm

This is a family offer, so this is being offered to children 5-11yrs alongside their parents/legal guardians as well as 12+ upwards and adults.

Please find the scheduled dates below:

- Monday 16th May
- Tuesday 17th May
- Wednesday 18th May
- Monday 23rd May
- Tuesday 24th May
- Wednesday 25th May
- Monday 30th May
- Tuesday 31st May

Patients can also search on www.nhs.uk

RSE PARENT ENGAGEMENT SESSIONS

Session dates & times:

- Monday 23rd May 2022 (9:00am), Key Stage 2 Hall
- Thursday 26th May 2022 (2:30pm), Key Stage 2 Hall

We kindly request you not to bring any children along with you the consultation.

As a part of your child's educational experience at Grange Primary School we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you may already be aware, the Department for Education has announced changes to relationships and sex education following nationwide consultation. These changes came into effect from September 2020 and all schools are required to comply with the updated requirements.

Using Jigsaw PSHE we will be covering our Relationships and Sex Education (RSE) lessons in the summer term. The puzzle—Changing Me—deals with change of many types, from growing from young to old, becoming a teenager, assertiveness, self-respect and safeguarding. Self and body image, puberty, attraction and accepting change are diverse subjects for children to explore. Each year group thinks about looking ahead, moving year groups or the transition to secondary school. Life cycles and how babies are made and grow are treated sensitively and are designed to meet children's needs. All year groups need to learn how people and bodies change. This Puzzle links with the Science curriculum when teaching children about life cycles, babies and puberty.

Please take time to watch our short video on YouTube https://youtu.be/KU_hgvHMm8U explaining the changes and linking you to our online survey (<https://forms.gle/3JNWB8g4vKXhnHh99>)

HOTSHOT FOOTBALL ACADEMY

Free class
available



Hotshots Football Academy

"Experts in enhancing life-skills through football"

What better way to keep your children fit and healthy than at our Academy. Your children will have the chance to improve their; Confidence, communication and collaboration and learn fresh skills, all while being taught by FA qualified coaches who will plan and deliver innovative classes for maximum fun and development each week!

- . Lots of fun
- . Girls & boys welcome
- . Mixed skill abilities
- . Confidence Building
- . Tournament days
- . Social skills building

Book a Free
Class Today!

Harrow Leisure Centre
Christ Church
HA3 5BD

For Children aged 4-12
years old

Time: 5-6 PM

Mondays & Tuesdays

Call: 0208 935 5971

Email:
bookings@hotshotsacademy.co.uk

Website: hotshotsacademy.co.uk

MUM & DAUGHTER CRICKET SESSIONS

Mum & Daughter Cricket Sessions



The England & Wales Cricket Board have created local programmes to encourage and inspire women and girls to get involved with opportunities within cricket at Harrow Leisure Centre, Christchurch Avenue, Harrow, HA3 5BD.

They will be running a Free **Girls Only** junior cricket programme for mum's (female relatives/carer's) & daughter's to get involved at Harrow Leisure centre for 8 weeks. You don't need to have any experience or knowledge of the game, but we'd encourage you to come along with an enthusiastic spirit. If you (or other female relatives) & your daughter like would like to get involved, please complete the relevant registration form below with the female adult's details for the appropriate age of the child, a separate link for the child will be send out later. Kit will also be provided at no extra cost;

Monday's (All Stars Cricket Age 5-8 years) – 16th May till 4th July, 5pm-6pm
Registration Form
(Complete Adult Details Only); <https://forms.office.com/r/MOUTi3ciyT>



Tuesday's (Dynamo Cricket Age 8-11 years) – 17th May till 5th July, 5pm-6pm
Registration Form
(Complete Adult Details Only); <https://forms.office.com/r/6pquWLMMyri>



IMPORTANT COVID-19 INFORMATION

- From 24th February self isolation is no longer a legal requirement. However, you are strongly advised to stay at home if you are positive for COVID-19.
- If you have symptoms, you should still isolate.
- All adults and children who test positive are advised to stay at home and avoid contact with other people for at least 5 full days and then continue to follow the guidance until they have received 2 negative LFD test results on consecutive days.
- Staying at home if you test positive with COVID will protect your loved ones and those are vulnerable to COVID-19.

 HM Government HOW YOU CAN CONTINUE TO KEEP YOURSELF AND YOUR LOVED ONES SAFE	 VACCINES Get vaccinated to reduce your risk of catching Covid-19 and becoming seriously ill, and to reduce the risk of spreading the virus to others.	 FRESH AIR Letting fresh air in if meeting indoors, or meeting outside to disperse Covid-19 particles and reduce the risk of spreading the virus.
 FACE COVERING Consider wearing a face covering in crowded, enclosed spaces.	 STAY AT HOME IF UNWELL Try to stay at home if you are unwell.	 HAND WASHING Wash your hands regularly to limit the spread of Covid-19.

DATES FOR YOUR DIARY



SCHOOL CALENDAR

Tuesday 17th May	Nursery open morning
Tuesday 17th May	Y5 Seacole Theatre Project
Tuesday 17th May	Y5 Nightingale & Lister Opera Project
Wednesday 18th May	Reception open morning
Monday 23rd May	RSE Consultation 9am
Tuesday 24th May	Year 6 open morning
Tuesday 24th May	Y5 Nightingale & Lister Opera Project
Wednesday 25th May	Year 1 open morning
Wednesday 25th May	Author visit: Zanib Mian
Thursday 26th May	RSE Consultation 2:30pm
Monday 30th May - Friday 3rd June	Half term
Monday 6th June	Children return to school
Tuesday 7th June	Year 3 open morning
Tuesday 7th June	Y5 Nightingale & Lister Opera Project
Wednesday 8th June	Year 2 open morning
Thursday 9th June	Year 5 open morning

GOVERNING BODY MEETINGS

Wednesday 11th May 6.30-8.30pm	CASC Committee
Wednesday 18th May 6.30-8.30pm	Full Governing Body
Wednesday 8th June 6.30-8.30pm	Resources Committee
Wednesday 29th June 6.30-8.30pm	CASC Committee
Wednesday 13th July 6.30-8.30	Full Governing Body

AFTER SCHOOL CLUBS

Y3- Y5	Gardening— DISMISSED VIA WELBECK ROAD	Monday 3.15-4.15pm
Y3-Y4	Basketball	Tuesday 3.15-4.15pm
EYFS-KS1	Gymnastics	Tuesday 3.15-4.15pm
Y1-Y3	Football	Wednesday 3.15-4.15pm
Y6	Writing— DISMISSED VIA WELBECK ROAD	Wednesday 3.15-4.00
Y5-Y6	Basketball	Thursday 3.15-4.15pm
Y3-Y6	Dodgeball	Friday 3.15-4.15pm

After School Extra Curricular Clubs

Week 1	Week 2	Week 3	Week 4
25 Apr - 29 Apr	2 May - 6 May	9 May - 13 May	16 May - 20 May
Week 5	Half Term	Week 6	Week 7
23 May - 27 May	30 May - 3 Jun	6 Jun - 10 Jun	13 Jun - 17 Jun
Week 8	Week 9	Week 10	Week 11
20 Jun - 24 Jun	27 Jun - 1 Jul	4 Jul - 8 Jul	11 Jul - 15 Jul

There are still plenty of spaces left in the clubs if you would like to sign your child(ren) up!

Please log into ParentPay, identify the club and make the payment. Your child(ren) will automatically be allocated a place once a payment has been made.

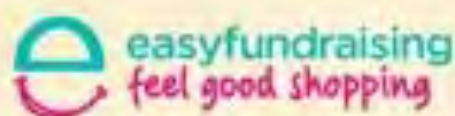
The clubs will run from between **10-11 weeks from 3.15-4.15pm. Clubs cost £20.**

Grange Primary School, Welbeck Road, Harrow HA2 0RY Tel: 020 8422 5070

E: office@grange.harrow.sch.uk

www.grange.harrow.sch.uk

EASY FUNDRAISING: HOW TO



How to raise FREE donations for

Grange Primary School- Harrow

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for free and support us



2. Start shopping

Visit retailers then shop
online as normal



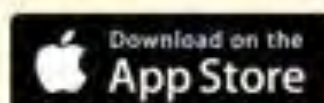
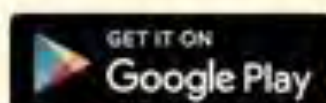
3. Raise donations

Your cause receives
Free donation

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<https://www.easyfundraising.org.uk/causes/grangeprimaryschool-harrow/>

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£ Over £30 million raised

👤 1.6 million users

📍 140,000 causes