

Dear Grange Community,

This week I have been so impressed by the way children are growing their self-regulation skills at Grange.

Self-regulation means the ability to balance one's feelings so that one can stay in control even when facing stress and pressure.

We all know how difficult it is to function under stress. We literally find it harder to think clearly when under pressure and we need techniques, strategies and skills to be able to calm ourselves when under stress and stay focussed and able to make good choices.

Everyone experiences stress differently and each of us face different challenges each day. To one person, public speaking is not at all a challenge but to another person it might be the most terrifying thing in the world and they will have to use enormous energy in order to self-regulate and manage their public speaking.

At grange we are continuously helping children to learn that they have the power to self-regulate and that even if they make a mistake; even if they feel like it is 'the end of the world', they can get back on track and even grow from the experience.

This is why we do reflection as part of our routines at school. When things go awry, we sit and reflect and think about where it went off-track and how to get back on-track.

This makes me so proud of our school because when a child demonstrates that they can come back from a setback, we know that they are preparing for a successful life. Life is full of setbacks but "...every setback is an opportunity for a comeback..."

Our children of Grange are making powerful progress in their academics and even more importantly, they are learning the skills and wisdom for a successful life full of good choices ahead.

Well done to year 6 of Grange who started a Grange tradition with the inaugural Grange residential trip this week. They were brilliantly behaved and grew their teamwork skills.

Be great; be Grange.

Mr Kerbel  
Headteacher  
Grange Primary, Harrow



Collect your **FREE** pre-packed meal with Soul Kitchen x Grange Primary School

**When?** Every Sunday from 11:30am to 1pm

**Where?** Grange Primary School, Furness Road Entrance, HA2 ORJ

**EVERYONE IS WELCOME**



## YEAR 6: KINGSWOOD RESIDENTIAL TRIP



On Monday 3rd October, 32 Year 6 children made their way down to Kent for their first residential trip! They climbed across the 'High Equilibrium', made shelters out of logs and did the night line—where they only had each other and a long piece of rope to help them!



"It was AMAZING!!"

"I wish we could have gone for longer!"

"My favourite part was the climbing."

"I really enjoyed spending time with my friends and classmates."





# Parents Evening



<b>Monday 7th November</b>	<b>3:40-5:40pm</b>
<b>Wednesday 9th November</b>	<b>1:30-4:30pm</b>

**\*\*School will close at 1pm on  
Wednesday 9th November 2022\*\***

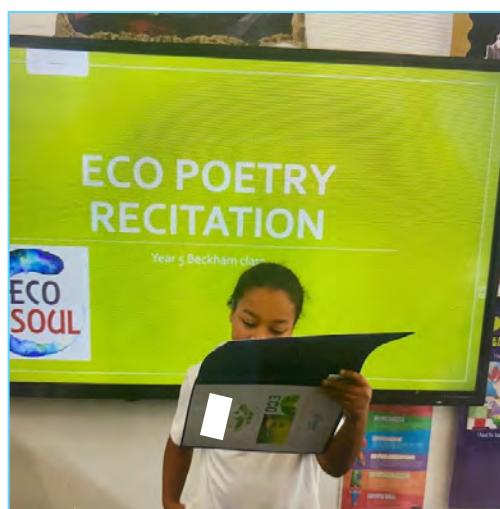
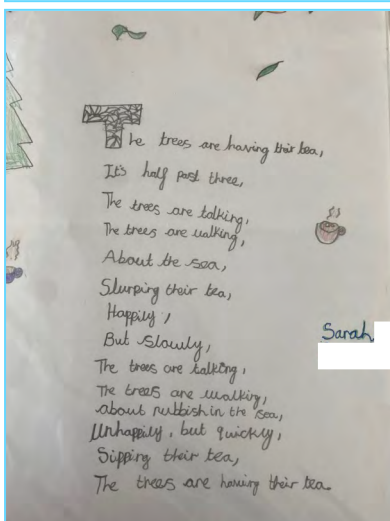
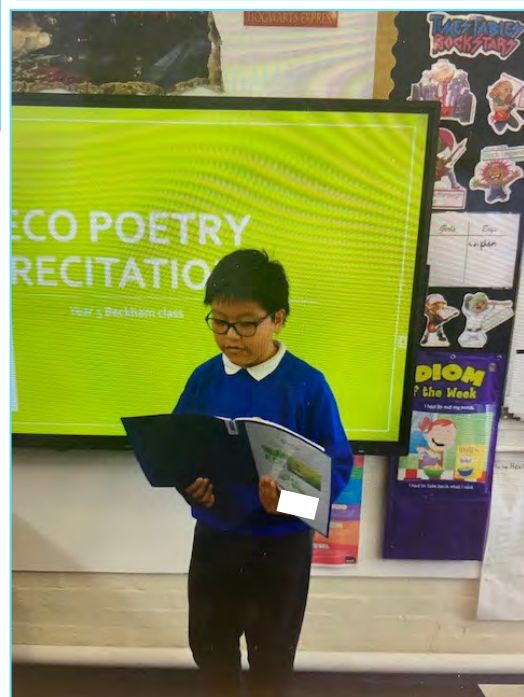
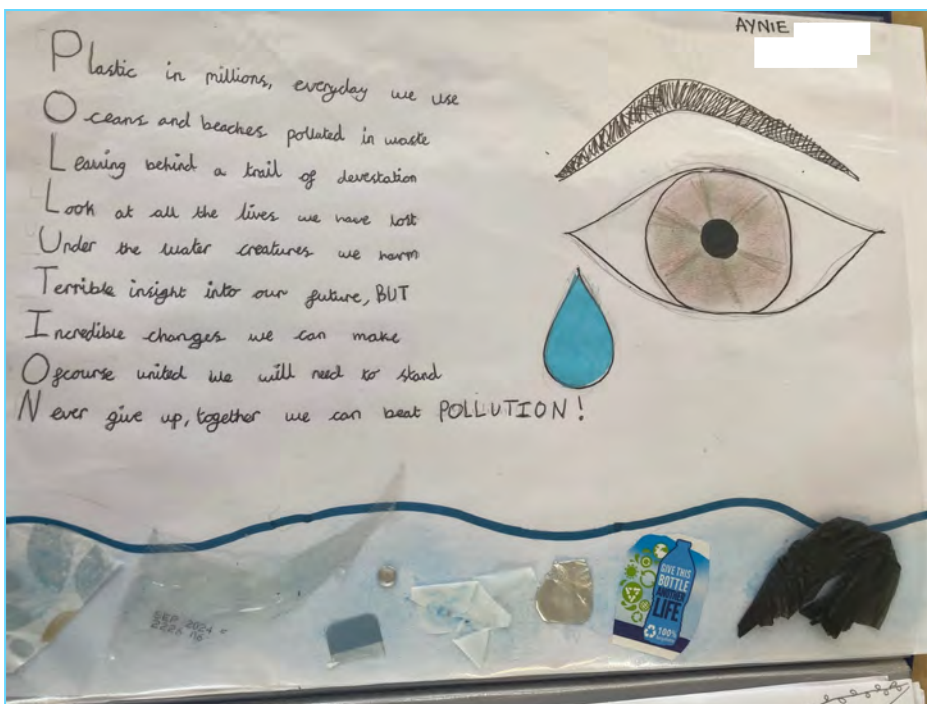
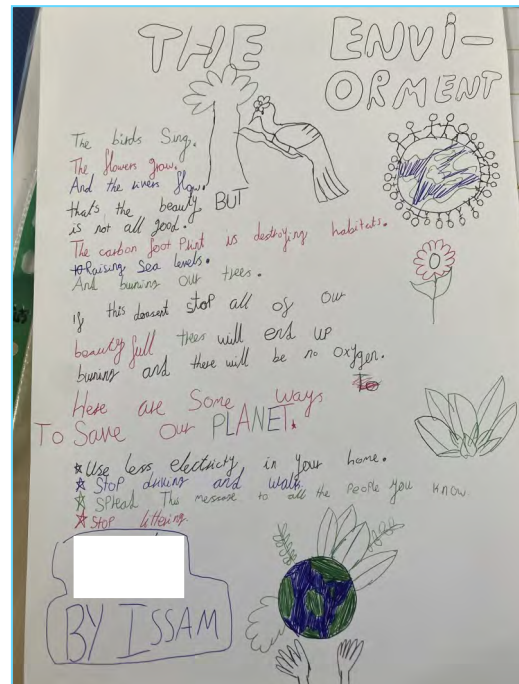
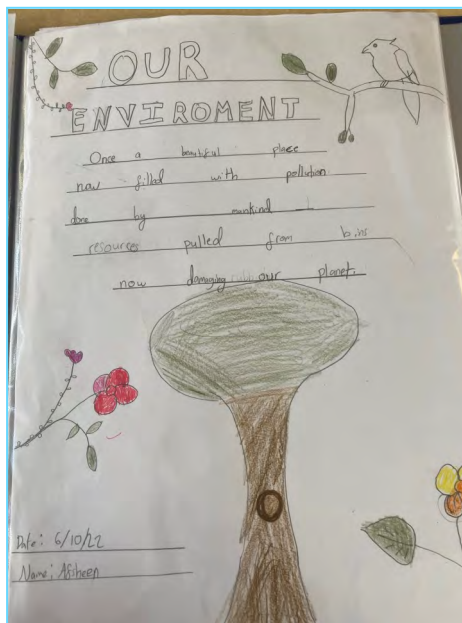
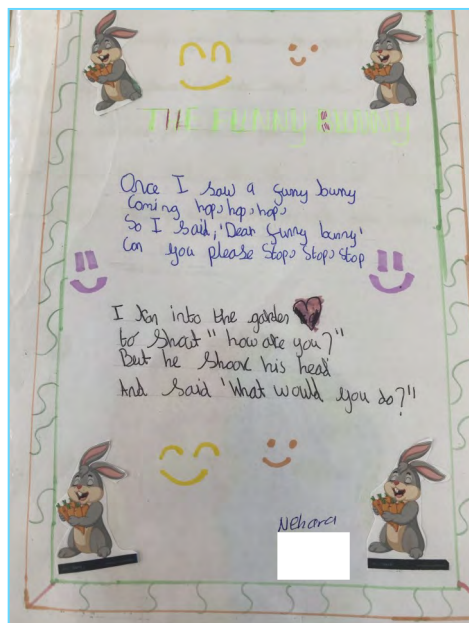
You will be able to book appointments through the online booking system 'School Cloud' from **Monday 17th October 2022.**

All appointments are face-to-face in the KS1 & KS2 Halls. More information will be sent out over the next couple of weeks so keep an eye out.



# NATIONAL POETRY DAY

Thursday 6th October was National Poetry Day! Our Year 5's celebrated by writing & reciting their own poems!



# FRIDAY QUIZ

1. A car wheel has a radius of 62cm.  
What is the diameter of the wheel?
  - a) 31
  - b) 124
  - c) 62
2. Which sentence must end with a question mark?
  - a) What happened that day might never be known.
  - b) I'd like to know what happened that day.
  - c) What really happened that day.
3. Round 7,594 to the nearest ten.
  - a) 7,600
  - b) 7,590
  - c) 7, 595
4. How many years old are fossils?
  - a) Millions
  - b) Thousands
  - c) Hundreds
5. Which sentence is a command?
  - a) Bring a coat in case it rains.
  - b) You should bring a coat.
  - c) I am going to bring a coat.
6. What is 444 minutes in hours and minutes?
  - a) 9 hours and 48 minutes
  - b) 3 hours and 13 minutes
  - c) 7 hours and 24 minutes
7. About how much has the average height of men changed in 100 years?
  - a) 15cm
  - b) 10cm
  - c) 20cm
8. A block of cheese costs £1.35. Amina pays with a £2 coin, how much change should she get?
  - a) 55p
  - b) 65p
  - c) 75p
9. Which sentence is the most **formal**?
  - a) Watching too much television should be avoided.
  - b) You shouldn't watch too much TV.
  - c) Watching lots of TV isn't a good idea.
10. Which number is **closest** to 500?
  - a) 511
  - b) 491
  - c) 408

## ANSWERS:

1. b) 124 2. c) What really happened that day. 3. b) 7,590 4. a) Millions 5. a) Bring a coat in case it rains. 6. c) 7 hours and 24 minutes 7. b) 10cm 8. b) 65p 9. a) Watching too much television should be avoided. 10. b) 491



# SPELLING SHED

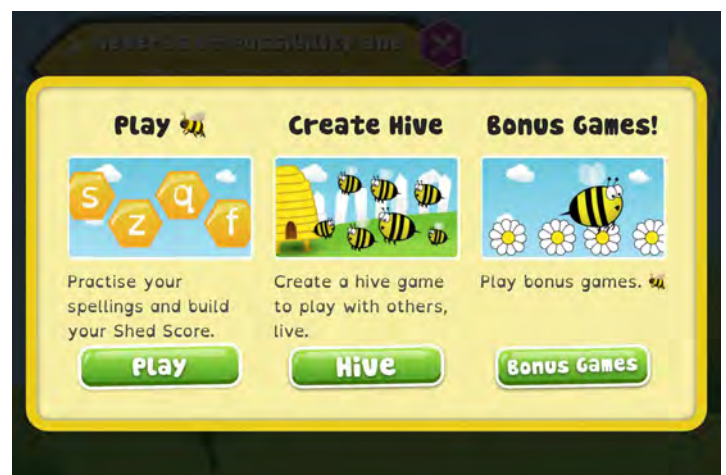
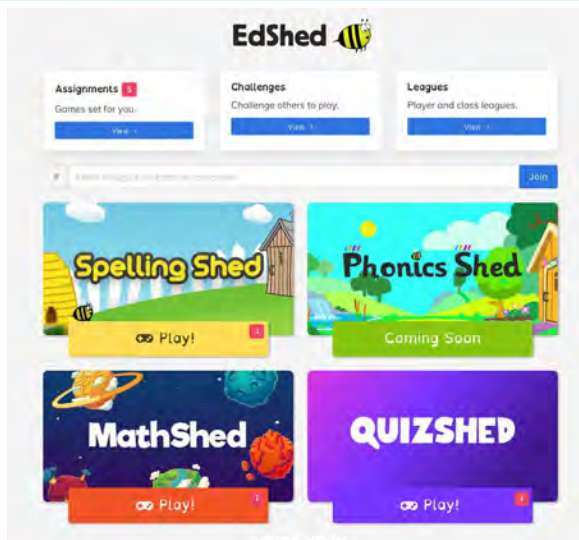
As mentioned in the meet the teacher sessions, this year we are having a particular focus on spelling.

To support children with improving spelling, we have invested in a new resource called **Spelling Shed**. Your child should receive their login details this week. If they do not, please speak to your child's class teacher. Attached to this letter is a guide for how you can access Spelling Shed and help your child to practise their spellings.

Each week, all children will have a spelling lesson in school where they learn a new spelling rule. They will then be expected to practise their spellings at home using their spelling book and Spelling Shed. They will have a weekly spelling test. You will be able to see how they are doing by viewing their results on Spelling Shed and seeing their weekly tests in their spelling book.

You can watch this video for more information: <https://www.youtube.com/watch?v=uVHb4srsORU&t=16s>

Thank you in advance for your support in helping your child with their spelling.



# Super Spellers!

A big well done to...



*Joseph, Holmes*

*Alex, Seacole*

*Reuel, Holmes*

*Abdirahman, Ennis*

*Farah, Seacole*

*Sami, Beckham*

*Avi, Holmes*

*Tahmid, Holmes*

*Ariana, Holmes*

*Maya, Ennis*

GOOD  
JOB!!

*For being our top 10 Super Spellers this week!*

Class with the most points: Holmes!

To be in with a chance of being a Super Speller, make sure you log into 'Spelling Shed' and and practice all your spellings!



## YEAR 1 & 2 "SUCCESS FOR ALL" PHONICS WORKSHOP

Thank you to the parents who came on Thursday and Friday for the phonics workshop. If you were unable to make it, please go to the link to see the powerpoint shown at the meetings. <https://www.grange.harrow.sch.uk/wp-content/uploads/2022/09/SFA-Parent-Portal-Workshop-KS1.pdf>

Here is a parent/carers guide for the "Success for All" phonics workshop. [https://www.grange.harrow.sch.uk/wp-content/uploads/2022/09/Parent\\_Carers\\_Guide.pdf](https://www.grange.harrow.sch.uk/wp-content/uploads/2022/09/Parent_Carers_Guide.pdf)



### Parents/Carers Guide to Success for All Phonics



[www.fft.org.uk/phonics](http://www.fft.org.uk/phonics)

DFE Validated



## Success For All Phonics



### Resources overview

Teaching resources	Classroom resources	Pupil resources
School Leader Programme Guide	Alphabet cards wall set f F g G h H	68 fully decodable Shared Readers
Teacher Manual	Picture sound cards wall set ai gg or	Partner practice booklet
Phonics Lesson Plans	Letter formation cards r R	Picture sound mats a e i e
Reading Lesson Plans	Green and red word cards wet says	Alphabet letter strips abcdefghijklmnopqrstuvwxyz

# phonics



# CLASSROOM OPEN MORNINGS

Year Group	Date & Time	Where?
Year 1	<del>Wednesday 5th October, 8:45-9:30am</del>	In classrooms
Year 2	<del>Thursday 6th October, 8:45-9:30am</del>	In classrooms
Year 3	<del>Friday 7th October, 8:45-9:30am</del>	In classrooms
Year 4	Thursday 13th October, 8:45-9:30am	In classrooms
Year 5	Tuesday 11th October, 8:45-9:30am	In classrooms
Year 6	Wednesday 12th October, 8:45-9:30am	In classrooms

Parent's evening will take place after half term, week beginning 7th November. Further details to come.

We would like to say a massive thank you to all the parents & carers who attended our meet the teacher meetings over the last couple of weeks. If you were unable to attend and want to know what these meetings were about, we have attached the power points on our website, under all of our year group/curriculum pages.  
<https://www.grange.harrow.sch.uk/learning/year-group-areas/>

Please also be reminded to look on our website at letters sent home, where you'll be able to see & read the letters which have been sent home that week and keep you in the loop of everything happening at Grange Primary.  
<https://www.grange.harrow.sch.uk/parents/letters-sent-home/autumn>

# DATES FOR YOUR DIARY



## SCHOOL CALENDAR

Tuesday 11th October	Year 5: Classroom Open Morning 8:45-9:30am
Wednesday 12th October	Year 6: Classroom Open Morning 8:45-9:30am
Thursday 13th October	Year 4: Classroom Open Morning 8:45-9:30am
Monday 24th October—Friday 28th October	Half term holiday
Monday 31st October	Children return to school
Thursday 3rd November	Height & Weight checks: Reception & Year 6
Monday 7th November	Reception: Olaudah Equiano class eye tests
Monday 7th November	Parent's Evening (3:40-5:40pm)
Tuesday 8th November	Reception: Marcus Rashford class eye tests
Wednesday 9th November	Parent's Evening (1:30-4:30pm) <b>school finishes 1pm</b>
Wednesday 16th November	School immunisation—flu nasal spray—Reception to Year 6
Thursday 15th December	Last day of term <b>school finishes 1pm</b>
Friday 16th December	Staff training day: school closed for children
Monday 19th December—Monday 2nd January	Christmas break: school closed
Tuesday 3rd January	Children return to school

## AFTER SCHOOL CLUBS

Y4-Y6	Football	Monday 3.15-4.15pm
Y3-Y4	Basketball	Tuesday 3.15-4.15pm
Y3-Y6	Cheerleading	Tuesday 3.15-4.15pm
Y1-Y3	Football	Thursday 3.15-4.15pm
Y5-Y6	Basketball	Thursday 3.15-4.15pm
Y1-Y2	Archery (run by Superstar Sports)	Friday 3:15-4:15pm
Y3-Y6	Dodgeball	Friday 3:15-4:15pm

## After School Extra Curricular Clubs

Week 1	Week 2	Week 3	Week 4
19 Sep - 23 Sep	26 Sep - 30 Sep	3 Oct - 7 Oct	10 Oct - 14 Oct
Week 5	Week 6 - Half Term	Week 7	Week 8
17 Oct - 21 Oct	24 Oct - 28 Oct	31 Oct - 4 Nov	7 Nov - 11 Nov
Week 9	Week 10	Week 11	
14 Nov - 18 Nov	21 Nov - 25 Nov	28 Nov - 2 Dec	

Please collect your child at 4:15pm under the canopy outside the dining hall. You will only be able to access the school via Welbeck Road.

It is your responsibility to know if your child attends an after school club and what day(s) they go.