

CNWL School Nursing Service,
Milmans Resource Centre
Grove Avenue
Pinner HA5 5PF
September 2022

Dear Parent / Carer,

Re: Your child's health - a brief screening questionnaire

The **School Nursing Team in Harrow** works in partnership with children, young people and families as well as schools and the local authority to ensure that pupils are supported within their school community to **remain healthy and receive the right support where it is needed**.

As your son/daughter has started school (Reception Year), it is a **good time to review their health** through this brief questionnaire as recommended in the 'Healthy Child Programme' (Department of Health, 2009).

Each school in Harrow has a named School Nurse. We can help where young people want advice or need to talk to someone about any worries relating to their health and well-being, as well as provide support and advice to parents/carers.

The questionnaire provides an **opportunity to identify any new or on-going health needs** your son/daughter may have and require additional support with, and enable individual follow-up actions which may be required to support you in ensuring your **child remains as healthy as possible**.

This information will be kept safely in your child's School Health Record. Our General Data Protection Regulation – Privacy Notice sets out how we process your child's data and keep it safe and can be accessed via this link: <a href="https://www.cnwl.nhs.uk/about-cnwl/data-protection/fair-processing-notice/">https://www.cnwl.nhs.uk/about-cnwl/data-protection/fair-processing-notice/</a>.

This service is commissioned by Harrow Council Public Health Department. Anonymised data is shared with Harrow Council to effectively target and plan the provision of services. Please follow this link to see how Harrow Council Public Health Department processes this data: http://www.harrow.gov.uk/info/200226/health/1790/public\_health\_privacy\_policy.

The questionnaire will take **less than five minutes to complete**, and one questionnaire should be completed per child. \*Please complete the questionnaire even if you believe your child to have no health needs. **The questionnaire will close on 30.10.22** 

Please click on the below link to complete the questionnaire:

https://www.oc-meridian.com/cnwl/survey/HARROWCHILD HEALTH SCREEN QUESTIONNAIRE

We **thank you** for taking the time to work with us in supporting our young people's health in Harrow.

Yours faithfully,

Chantel Gray

**The Harrow School Nursing Team** 



# Please find below some useful links for further support

# **Useful Websites.**

#### Anaphylaxis.

https://www.anaphylaxis.org.uk/information-training/allergywise-training/for-parents-and-carers-of-severely-allergic-children/

https://www.nhs.uk/conditions/anaphylaxis/

https://www.aboutkidshealth.ca/article?contentid=781&language=english

## Asthma.

https://www.asthma.org.uk/advice/child/https://www.nhs.uk/conditions/asthma/

## Bed Wetting.

https://www.eric.org.uk/why-do-children-wet-the-bed

https://www.nhs.uk/conditions/bedwetting/

https://kidshealth.org/en/parents/enuresis.html

### Bullying.

https://www.stopbullying.gov/resources/kids/facts

https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/

https://kidshealth.org/en/kids/bullies.html

https://www.kzoo.edu/psych/stop\_bullying/for\_kids/what\_is\_a\_bully.html

## Dentists.

https://www.nhs.uk/service-search/find-a-dentist

### Diabetes.

https://www.diabetes.org.uk/guide-to-diabetes/your-child-and-diabetes

https://kidshealth.org/en/parents/feelings-diabetes.html

https://www.nhs.uk/conditions/type-1-diabetes/type-1-diabetes-in-children/

https://www.childrenwithdiabetesuk.org/

## Eczema

Atopic eczema - NHS (www.nhs.uk)

#### Epilepsy.

https://www.epilepsy.org.uk/info/children-young-adults/children

https://www.epilepsysociety.org.uk/epilepsy-childhood

https://www.nhs.uk/conditions/epilepsy/living-with/

### Mental Health.

https://youngminds.org.uk/

Harrow Horizons | Barnardo's (barnardos.org.uk)

Home - Kooth

#### Obesity.

Healthier Families - Home - NHS (www.nhs.uk)

https://www.nhs.uk/live-well/exercise/couch-to-5k-week-by-week/?tabname=how-much-exercise

https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/

https://www.nhs.uk/live-well/eat-well/how-to-read-food-labels/